

The screenshot shows a news article from La Vanguardia.com. The main headline is "Sólo el esclavo que sabe que lo es puede llegar a liberarse". The author is Lillan Thuram, a former footballer. The article discusses the concept of slavery and freedom, mentioning that the author has two children and that men and women can improve the world through politics without complexes. There are two advertisements for "COMPARA SEGUROS DE COCHE" (Compare Car Insurance) from Rastreator.com. The article text includes a section titled "Sin prejuicios" (Without prejudices) and a paragraph starting with "Mi madre nos tuvo a cinco hijos de cinco padres diferentes... ¿Y sabe por qué?" (My mother had five children from five different fathers... and you know why?).

"Només l'esclau que sap que ho és pot arribar a alliberar-se."

Només es pot arribar a gestionar/resoldre/solucionar un problema quan s'accepta que el problema existeix.

Us recomanem la lectura d'aquest article sobre l' [aprenentatge de la llibertat i en contra dels prejudicis](#)